



EASTHOLME ACTIVITIES NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Montessori Therapy 4-4:30pm: Monday (N3), Wednesday (S2), Thursday(N2) Physiotherapy: Monday – Friday starting at 9am Restorative Therapy: Tuesdays & Fridays at 10:30am Volunteer Programs: Pet Therapy, Manicures, Friendly Visits, Knitting Group, ipod Therapy, Garden Therapy Other Services: Mail Delivery Weekdays 3:30 & Daily Paper Delivery, Hairdressing 3 days/wk				1 Birthday Party Set-up 1:45 Birthday Party <u>6:15</u> Individual Visits	2 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks <u>11:00</u> Bible Study <u>1:30</u> Cards & Games	3 <u>11:00</u> Power Cycle <u>1:30</u> Crafts (North Wing) <u>4:00</u> Individual Visits
4 <u>11:00</u> Individual Visits <u>11:00</u> Catholic Communion Visits <u>1:30</u> Crafts (South Wing) <u>4:00</u> Individual Visits	5 <u>10:00</u> Individual Visits <u>1:30</u> Resident Council Meeting 6:30 Faith Chapel *In the Common Room	6 <u>10:00</u> Fitness <u>11:00</u> Therapeutic Walks <u>1:30</u> Bingo	7 <u>1:45</u> Chapel Service (Pastor Joshua Stone) <u>6:15</u> Art Therapy (North Wing)	8 <u>10:00</u> Individual Visits <u>1:30</u> Therapeutic Walks & Individual Visits <u>6:15</u> Music Therapy (South Wing 2)	 9 1:30 Service of Remembrance (In the Common Room)	10 <u>11:00</u> Power Cycle <u>1:30</u> Movies on the Unit <i>(Decorating Set-up)</i>
11 Remembrance Day  <u>11:00</u> Televised Services in Lounges 1:30 Hymn Sing with Jim Creasor	12 (Decorating Set-Up) 1:30 Music with Country Friends <u>6:15</u> Music Therapy (North Wing 2)	13 “Deck the Halls” Decorating for Christmas	14 <u>1:45</u> Chapel Service (Rev. Teresa Jones) <u>6:15</u> Decorating	15 <u>10:30</u> Catholic Mass 1:30 Music with L.A.C.E. <u>6:15</u> Individual Visits	16 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks <u>11:00</u> Bible Study <u>1:15</u> Decorating	17 <u>11:00</u> Power Cycle 2:00 Line Dancers <u>4:00</u> Individual Visits
18 <u>11:00</u> Individual Visits 1:30 Hymn Sing with Carol Dobbs <u>4:00</u> Individual Visits	19 <u>10:00</u> Individual Visits <u>12:30</u> Men’s Group Lunch <u>6:15</u> Art Therapy (South Wing)	20 Fitness <u>10:00</u> South Wing 2 & 3 <u>11:00</u> North Wing 2 & 3 7:00 Hoedown	21 <u>1:45</u> Chapel Service (Anglican Service) <u>6:15</u> North Wing Music With Grant & Eleanor	22 Individual Visits <u>1:30</u> Bingo <u>6:15</u> Music Therapy (North Wing 3)	23 9:30 Shopping Trip to Northgate <u>10:00</u> Therapeutic Walks & Individual Visits <u>1:30</u> Individual Visits	24 <u>11:00</u> Power Cycle <u>1:30</u> Creative Cooks (North Wing) <u>4:00</u> Individual Visits
25 <u>11:00</u> Individual Visits <u>11:00</u> Catholic Communion Visits <u>1:30</u> Creative Cooks (South Wing) <u>4:00</u> Individual Visits	26 <u>10:00</u> Individual Visits <u>1:30</u> Bingo <u>6:15</u> Music Therapy (South Wing 3)	27 10:00 Entertainment by Jayco Productions <u>1:30</u> Individual Visits	28 <u>1:45</u> Chapel Service (Pastor Rick Callery) <u>6:15</u> Individual Visits	29 9:30 Shopping Trip to Northgate <u>1:30</u> Manicures (South Wing) <u>6:15</u> Manicures (North Wing)	30 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks <u>11:00</u> Bible Study <u>1:30</u> Cards & Games	

Please Check Resident Information Board on Each unit for location or program changes