

EASTHOLME ACTIVITIES May 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Fun & Fitness 10:30 Therapeutic Exercise & Walks 1:00 Activity Staff-Basement Clean up	2 9:30 One on Ones 9:30 <i>Art as Therapy</i> 2pm Chapel Les Drayer 6:15 Busy Hands N2	3 am Party Preparation 9:30 One on Ones 1:45 <i>Birthday Party</i> 6:30 S2 Dust Busters	4 9:30 Outdoor Walks 10:30am Bible Study Individual Therapeutic Exercise & Walks 1:30 Jacks&Queens Plus	5 9:45 Therapeutic Walks & Exercise 1:00 Therapeutic Walks
6 9:45 One on Ones 1:30 SW Creative Cooks	7 9:30 NW Craft 1:00 Staff Meeting 6:30 Faith Chapel 7-8:30 Alzheimer Session in Auditorium	8 9:30 Fun & Fitness 10:30 Therapeutic Exercise & Walks 1:30 L.A.C.E. music in Common Room	9 9:00-11:00 ONO 2pm Memorial Service Rev. Teresa Jones 6:15 Busy Hands N3	10 10:30 Mass Yard Sale Set Up 6:30 S3 Dust Busters	11 Yard Sale BBQ, Baking & Food Bank Donation Prep.	12 Yard & Bake Sale 8am - 2pm BBQ 10am - 2pm Donations for Food Bank Volunteers to assist Residents
13 9:45 One on Ones 1:30 <i>Hymn Sing: Rodney Boyes</i>	14 am Yard Sale Clean Up 1:30 Country Roundup 6:30 NW Creative Cooks	15 9:30 SW2 Craft 1:00 Auditorium set-up 2:00 T.Walks 7:00 <i>Hoedown</i>	16 9:30 One on Ones 9:30 <i>Art as Therapy</i> 2pm Anglican Service 6:15 Busy Hands S2	17 a.m. ONO 9:30 SW3 Craft 1:30 <i>Bingo</i> 6:30 N2 Dust Busters	18 9:30 Fun&Fitness 10:30am Bible Study Individual Therapeutic Exercise & Walks 1:30 Jacks&Queens Plus	19 9:45 Therapeutic Walks & Exercise 1:00 Therapeutic Walks
20 9:45 One on Ones 1:30 <i>Hymn Sing: Carol Dobbs</i>	21 Victoria Day Holiday Games available in Activity Centres Patios open for visiting	22 9:30 Fun & Fitness 10:30 Therapeutic Exercise & Walks 1:30 Residents' Council Meeting in Common Room	23 9:00-11:00 ONO 2pm Chapel Walter Winger 6:15 Busy Hands S3	24 a.m. ONO 10:30 Silly Songs for Seniors with Rosemary 1:30 Bingo 6:30 N3 Dust Busters	25 9:30 Fun&Fitness 10:30am Bible Study Individual Therapeutic Exercise & Walks 1:30 Jacks&Queens Plus	26 9:45 Therapeutic Walks & Exercise 1:00 Therapeutic Walks
27 9:45 One on Ones 1:30 <i>Country Friends</i>	28 am-Tim Horton Coffee Break - Room to Room 1:30 Lee Sisters music in Common Room 6:15 ONO - Shopping List	29 am Tea Set Up 10:00 SW Mad Hatter Tea 1:30 NW	30 9:00-11:00 ONO 2pm Chapel Ed Brooks 6:15 Therapeutic Walks & Exercises	31 a.m. ONO 10:30 Silly Songs for Seniors with Rosemary 1:30 Bingo 6:15 Gardening		

Weekly Volunteer Programs - Pet Therapy, Manicures ONO-One-on-one visits Please Check Individual Whiteboards on Each Home Area Activity Coordinator **Laurie Carmichael**